Once-a-Week Decluttering *2017* Calendar

Check out this super simple way to de-clutter 1,378 items out of your home by this time next year! It all begins today with week one, when you "toss" just one item.

Then next week, the second week you "toss" two. The following week, week three, you "toss" three items and so on. These small, consistent, weekly steps add up to big change!

Not sure where to begin? I've included suggested focus areas for each month.

And by "toss" I really mean toss, sell, share, shred, recycle, donate, trade-in, give it away, place it curbside or return borrowed items. The goal is to toss it out of your home.

You can do this! All you have to do is get started! If you need more inspiration, accountability or ideas log onto www.JamieNovak.com. Ready? Let's de-clutter!

January

Focus on the **flat surfaces**! What can you recycle? Junk mail maybe?

week 1	January 2	☐
week 2	January 9	☐
week 3	January 16	☐
week 4	January 23	☐
week 5	January 30	☐

February

Focus on the **bedroom**! A cluttered corner or a treadmill turned closet.

week 6	February 6	☐
week 7	February 13	☐
week 8	February 20	☐
week 9	February 27	☐

March

Focus on the **papers**! Thin your to-read pile, purge files and shred stuff.

week 10	March 6	☐
week 11	March 13	☐
week 12	March 20	☐
week 13	March 27	☐

April

Focus on the **storage**! Get the car in the garage, sort your "yard sale" box.

week 14	April 3	☐
week 15	April 10	☐
week 16	April 17	☐
week 17	April 24	☐

May

Focus on the **clothing**! Think shoes, jewelry, accessories and old clothes.

week 18	May 1	☐
week 19	May 8	☐
week 20	May 15	☐
week 21	May 22	☐
week 22	May 29	☐

June

Focus on the **drawers**! The many miscellaneous and junk drawers.

week 23	June 5	☐
week 24	June 12	☐
week 25	June 19	☐
week 26	June 26	☐

Notes:

Countdown to Clutter-Free *2017* Calendar

July

Focus on the **closets**! Consider the front hall and linen closets.

week 27	July 3	☐
week 28	July 10	☐
week 29	July 17	☐
week 30	July 24	☐
week 31	July 31	☐

August

Focus on the **bathroom**! Check under the sink, make-up and 1st aid.

week 32	August 7	☐
week 33	August 14	☐
week 34	August 21	☐
week 35	August 28	☐

September

Focus on the **digital**! Download photos, delete files and emails.

week 36	September 4	☐
week 37	September 11	☐
week 38	September 18	☐
week 39	September 25	☐

October

Focus on the **living room**! Games with missing pieces, books and CD's.

week 40	October 2	☐
week 41	October 9	☐
week 42	October 16	☐
week 43	October 23	☐
week 44	October 30	☐

November

Focus on the **kitchen**! Cookbooks, recipes, fridge, cabinets and pantry.

week 45	November 6	☐
week 46	November 13	☐
week 47	November 20	☐
week 48	November 27	☐

December

Focus on the **entryway**! Broken umbrellas, coats and shoes to share.

week 49	December 4	☐
week 50	December 11	☐
week 51	December 18	☐
week 52	December 25	☐

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Do not pull everything out of the space.

You'll overwhelm yourself and only end up making a bigger mess. The idea is to identify the items you can toss and then toss them.

Do not make more piles or put the items into a bag to deal with later.

Just d*o it now*!

Do not stop!

Miss a week? Jump back in if you miss a week. This is *not* about being perfect this is about making progress.

See more **stick to it** ideas at www.JamieNovak.com